|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to maintain a healthy body weight or to lose weight** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 249 | 41.1 | 32.6 - 50.1 | 557 | 38.6 | 33.4 - 44.0 | 806 | 39.6 | 34.7 - 44.8 |
| 30-44 | 343 | 44.2 | 37.2 - 51.4 | 706 | 52.0 | 46.4 - 57.6 | 1049 | 48.5 | 44.0 - 53.1 |
| 45-59 | 238 | 56.0 | 47.5 - 64.0 | 411 | 60.2 | 53.7 - 66.3 | 649 | 58.3 | 52.7 - 63.7 |
| 60-69 | 111 | 44.9 | 34.5 - 55.9 | 251 | 62.7 | 55.4 - 69.5 | 362 | 55.7 | 49.3 - 62.0 |
| **Total** | **941** | **45.3** | **40.4 - 50.2** | **1925** | **48.4** | **44.8 - 52.1** | **2866** | **47.1** | **43.8 - 50.4** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 755 | 43.6 | 38.1 - 49.2 | 1637 | 47.3 | 43.3 - 51.3 | 2392 | 45.8 | 42.2 - 49.4 |
| Urban | 186 | 51.1 | 40.1 - 61.9 | 288 | 54.6 | 45.9 - 63.0 | 474 | 52.8 | 44.8 - 60.6 |